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Client Information

Name: _____ Marital Status: _____ Today's Date _____

Current Address: _____ Date of Birth: _____

City, State, Zip: _____

Phone (h): _____ (w): _____ (c): _____

Please indicate at which numbers I may leave a message.

Email address: _____ May I send information via email? _____

Who referred you? _____ May I thank them for the referral? _____

With whom do you live? _____ How long have you lived there? _____

In case of emergency, notify: _____

Area Code and Phone #: _____ Relationship: _____

Family Physician: _____

Psychiatrist, if applicable: _____

Present complaint/Why you are coming to therapy at this time: _____

Rate the severity of your problem(s) by circling the most appropriate descriptor:

mildly upsetting moderately upsetting very upsetting incapacitating

Have you ever sought treatment for psychological problems before? (including medications)? _____

Mother's condition during pregnancy (as far as you know) _____

Was there anything difficult about your birth (as far as you know)? _____

Your physical health in childhood – any surgeries or significant diseases or injuries? _____

If your parents are divorced when did they divorce and did either of them remarry? _____

Please list your siblings, in their birth order, and give their current ages. Please include half and step siblings.

How is your physical health? _____

When was the last time you saw a physician? _____

Please list any medications you take and their purpose: _____

List your interests, hobbies, and activities: _____

What do you do to relieve stress? _____

How far did you go in school? _____

What do you do for work? _____

Please describe your current support system: _____

Please list the cities in which you have lived and the approximate time periods you were there. _____

Please list any previous marriages or significant romantic relationships and the approximate time frame: _____

If you have children please list the names and ages (including children that don't live with you): _____